

# MARY JO MACDONALD

BA, PCC

**Certified Executive Leadership Coach**



**A versatile professional who loves adding to her knowledge from many sources and experiences, Mary Jo coaches for enhanced performance and development.**

BRIGHT WIRE 

Mary Jo has amassed thousands of accredited coaching hours throughout her career, during which she's partnered with her clients to strengthen their awareness of their own impact, and to foster the recognition of growth opportunities in competencies and approach.

Mary Jo deploys comprehensive resources through an operational and behavioural lens and places a high value on action and outcomes. Having held progressively senior positions throughout her career and during her 13+ years at IBM, Mary Jo has developed advanced expertise in the areas of leadership development of high potential individuals, career mapping and alignment, succession readiness and leadership transition.

She has a breadth of senior and executive-level professional experience across finance, legal, energy, engineering, human resources, high tech, insurance, start-ups, supply chain management and essential services. Through her work with Bright Wire as a Coach and Facilitator, her focus is on strengthening and expanding her clients' intertwined competencies of agility, resiliency, awareness, empowerment and confidence as they move toward greater personal and professional fulfillment. In addition to being a Bright Wire Preferred Partner, Mary Jo runs her own Executive Coaching practice in Calgary, Alberta

## Credentials and Designations

- Professional Certified Coach with the International Coach Federation (ICF)
- BA with honours, University of Western Ontario
- Executive Coaching Graduate Certificate, Royal Roads University